

Beginning

Greetings, Dear Reader

Thank You!

For making a decision for yourself.

The purpose of this guide to make you better, unlike any guides or books before did or tried to do. This is not a self-help book, though. Ego Revolution (EgoRevo, for short) is a new point of view about Reality itself. A possible direction, to evolve further. Books, let them be the best ones even, cannot ignite changes completely. That is the doing of the individual. I'm not stating that I can solve your problems, but I might be able to help you: to start taking steps. Helping, by revealing hidden truths about yourself. By not following any usual recipes, in the next 10 Chapters we will proceed with a new area to discuss. We will start with the most common things, then we will submerge to the finer details. I can promise that I'll do my very best to pass you all the knowledge, what I've learned so far. Therefore, the language of this guide is direct, challenging, sometimes even playful. I'm not willing to provide an explanation every time to let you know how's or why's, however. There are several reasons for that.

First, it would take a really lot of time. Hundreds of pages could be written from each and every question we discuss – which is most likely already done, by one of our greater minds. If something specifically bothers you, a related book or article or experience should be at hand. I'll make references, too.

Second, it would detour and scatter the attention – which is quite the opposite we want. You want to remain focused, to use time most efficiently. We have to do this step by step to avoid confusion. One of the greatest issues I've found with self-help books or motivation in general: they cannot clear, they only adding content. Accepting and releasing are both important, we are going to learn how to use them.

Third, telling too many stories would slow the momentum down. Stories are nice, but you better come off writing your own scenario, instead of copying someone else's. I'll do in some special occasions, though. Because they may be helpful.

Fourth, getting better in life is a very subjective thing to do; no matter how hard they try to convince you: it's subjective. Your task and only you can do it right. Or mess it up, of course. My own experience alone is probably a formula that can be expanded in a lot of ways - by each and every one of us. I'm going to let you know certain principles, and later (after careful consideration and testing) you can implement to your lifestyle and thinking as you see fit. I would like to help you find your own way, practically. This forecasts, that only until a certain threshold we can go together. That quality, though, can be really a high one.

You will notice as you progress further, that your own ideas will take place, too. That's ok, carry on with them. That's just what we need to accomplish. The endless number of solutions we can carry out for a single task. They say, that basics are most of importance. That will prove to be very true. But you require a good base to build on, not cloud castles.

A question will come up often. What do you want from your Life? Without pushy marketing stuff I'm asking now. The most of us nowadays don't have the slightest idea what will happen tomorrow. We seemingly have ideas, we are pushing our goals, we are busy. But after a closer look, the opposite turns out. We love to repeat seemingly great thoughts, in the belief that'll change something. We live for the appearance, the dreams, to follow others' lead. Playing & living a showcase. We call it freedom, but do you really know what is freedom? What does it take to get there?

What we do today is playing out games. The conscious mind has convinced us at some point: that'll be fine. The intention behind that was probably not evil, yet here we are. Without having an access to a wider picture, this is always happening. It's easy to abandon our true nature and callings, when our point of view is narrow. And the more we do this, the more it will become the part of our life. Even to believe: yeah, this is me, this is what I have to do. This is a dangerous habit, that is narrowing our options until but one path remains. Don't get me wrong, there are many paths, many are just as good as the others. But, sadly, we often restrict ourselves out the lack of self-knowledge. With Ego Revolution, we are going to expand point of views, attaching them to each other: to form even bigger pictures and awareness. When it's raining, can you see the raindrops on the glass? When looking from close, it's a small area. But, when you take one step back: the point of view becomes wider, revealing a bigger interrelation. We are about to accomplish something like this; we are about to bring the most out of your comprehension.

By spending all the money and all the time to things we don't need, we let life slip away, like sand between fingers. I don't think that should happen to any of us. If I can bring you closer to define what is you're after in Life, you already won a battle. But that's only the start. I can't agree with the philosophy of living for the moment but abandon our future. I would like to encourage everybody to consider more than one path before making a decision to take one. But this choice should be a mature choice. We have a long way until then, until one can state: I know myself. We need to cross the ocean of the Ego, to understand our purpose here. We need to bin a lot of misunderstandings; we need to see clear.

Since You're reading this now, I must assume that you're having ideas, a plan, maybe. Good!

It's no secret that the ultimate goal of the whole procedure is to make you better. As a human being. And I'm not just talking about the writing you read now, but Life itself. Yes, Life is our great adventure. Life is about change, learn, adapt, become more that you were yesterday. That is not greediness, it's just human nature. Standing on the shoulders of Giants – as they say. And when that's played out wisely, we literally can do miracles.

I know we have a need for this. And we would never admit it, I know that, too. But that is ok; been there, done that. I just might be able to help You to start walking on this road. All the web chats, personal discussions of mine, and the trends I have observed nowadays are suggesting that we have lost something, and we are heading down a false road. The majority would like to have a better life, which is really good.

But for that, a change in thinking and actions are both necessary. We cannot expect others to solve our problems, not anymore. That is why I dare to show a possible way. With this way, we can emerge to better qualities.

The basic difference between Ego Revolution and self-help books is the approach. When it comes to self-help, that, usually looks like the author – someone with a great charisma, says: do as I did, and you shall succeed. The way to happiness, to millions, and so on. In my opinion, this is not always a beneficial approach. They can work, but it's rare. You can achieve short term results - true; the problem is something else. The reason, why teachings usually can't work, is that the receiver person has a fixed mind-set, full with different thoughts – which are obstructing acceptance. So, if you would like to achieve results, you have to believe in a Role and accept it completely. We call this education, normally. Now, with Ego Revolution, we are going to get rid of faulty patterns first. That way you can listen, learn, and being ready for action with maximized efficiency. No more daydreaming, doing “something”, “would be good to have it” attitude. Nope, we won't do roleplaying based on blind faith. Therefore: don't believe me! Maybe I'm ignorant, too. You will become the person who does it. 😊

You won't need to believe anymore, because you will know. You shall learn your real capabilities by experiencing them, making them better, even. So you can accept the person who looks back from the mirror, without reservations. And that is huge difference. Sounds inspiring? If it does, cool. Actually,

it's only the beginning! There are so many things I'd like show you – as they will be settled in the Chapters, one by one.

There is an option at the website to stay in touch with me of course, I would not recommend it in the beginning. I know that we are impatient, even I have this issue sometimes. We would like to solve our problems immediately, but that's not just the way it works. Unfortunately, we are acclimated, and expect "ready to use" answers. Time is necessary to obtain essential experience and understanding over everything. It's not going to happen in a day – doesn't matter how intelligent one is. The problem lies entirely elsewhere. It took me several years to get here, but you can make it in one. Only one! I believe in you, but you must understand, too, what's at stake here, and remain patient. If you still feel that an advice is necessary though, feel free to contact.

By releasing the guide in Chapters, you're allowed to work on a single field once at a time. That provides to keep the focus at one place, until progress is achieved. Every chapter is getting stronger and harder as we proceed – but no need to worry. Consider it like this: getting it in Chapters is for your benefit. You can read them back anytime, to see: oh, that, too! We will work a lot with repeating patterns.

With this guide, you will be able to see the whole picture from an all-round point of view, and take the next steps in your evolution. As Chapters are progressing, you'll have time to think about every single situation and implement them to your practice. In case you would forget, don't worry, I'll remind you from time to time in the Chapters. I'll also keep the language

in simple, plain English; to make sure there won't be any barriers.

I encourage you to test what you can. Do not fear to make mistakes on the road. Mistakes are inevitable, but most in the cases can be fixed. To learn. But, only if you take them in the first place. If you just talk but never act, you'll never get anywhere. Surely, we cannot protect each other from every possible harm. Just as parents can't protect their children.

Life is happening and it's your responsibility to make the most out of yours. Life will most likely present situations that'll force the changes. But that's not the only way. You can (and should) start changes on your own. There is really no point to wait others to write your scenario. If we're talking about money, as a start it's very likely you will work for others. That's fine, but you don't have to stuck there, unless you found happiness. Maybe you've born into a rich family, though there are issues to solve. Everybody has their lessons to learn, let one be rich or poor; there's no point to be envy of anyone about anything. Just make out the most of Life.

I need you to understand this: until you haven't developed it, that is not your doing. You can be sure that your parents did their best. Just as you will, sometime and someplace later, for your own family. You will also pass every knowledge of yours sometime. So, be grateful to them, be proud to them, love them, learn from them all you can – with patience. Maybe there are faulty patterns in their thinking, but nothing we do can be ever perfect. But, we can get better than we were yesterday. There will be a time when you get above them.

There is nothing bad in that, it's natural; the point is: do it with respect. Even if you're doing it with anyone else. You learn from that, too. There are so many things you can do and learn from, even if you will live for a hundred years you won't run out of options. So, don't worry about some missed opportunities.

But, if you (would) like to worry, worry about missing precious and invaluable things in life. Love, Health, Family, Friends, Happiness, being Human. Live a life that is worthy to be lived, live your life to have loved ones, and be remembered when gone. Stop being careless. You don't have to do everything in one day, but do your thing every day to ensure progression. Our story here will end sometime, no matter what. Nobody lives forever, maybe your heritage won't matter at all. What matters though, is what you do until that moment. Will you delay? Will you make compromises? Will you live a life with barriers you accept, or you would like to live it fully? Will you push others while you are just as scared as them? Or, will you accept the responsibility for your doings, open your eyes and do what you have to do?

This is what these writings are about. Revealing connections, and help you to get the starting attitude to make the most out of life. Your Life. When we will get there, we can talk about a responsible, self-aware, self-starting person with a continuous improving. There's more of course, but I'd not like to spoil that just yet.

I would like to highlight one, very important thing before we begin. We'll return from time to time to certain issues to revise

them. Seeing them from a little bit different angle, but with a deeper understanding. The reason we are doing this way is to allow you to learn. Just like Life is teaching us with recurrences, we will also do the same. Events, that are looking different at first, yet they're all the same in their core. If I was writing down everything the deepest level of understanding currently I have, you might have not understood as the way it should be understood. Many times we just look – but we can't see far enough to spot the details. Sometimes our point of view is just narrow, with some trees in the way. For this end, I'll just sketch up the whole thing first, and we will shoot out those blindfolds, step by step. We will extend those viewpoints, so we will be able to objectively define ourselves.

I think we would be all happy if we would see the changes in the world. For ourselves, and globally, too. A lot of people are trying to make that happen, to start something good with their best of knowledge. Everybody is good in something. Let that be technology, education, parentage, leadership. Our efforts leaving marks in the world, changing everyone's lives. I have found out, that I'm actually good in helping others; that is why I'm here.

So, with this aim I'm not the first, but I hope that I'll be the last on my field. I invite you on this journey in the strong belief that it's going to make a permanent and positive change in your Life.

Let's get started! 😊